

## 10KM RUN AND ZERO WASTE 5KM RUN

MRT Station	Pick-up Points	Pick Up Time
ADMIRALTY MRT	Bus Stop Opp Admiralty Station (46771) Woodlands Ave 7	5.20am
ANG MO KIO MRT	Pick Up/Drop Off Point Outside Ang Mo Kio MRT (Towards Bishan Direction) Along Ang Mo Kio Ave 8	5.25am
BEDOK MRT	Bus Stop Outside Bedok MRT (Exit A) (84039) (Towards Kembangan Direction) New Upp Changi Road	5.30am
BISHAN MRT	Bus Stop Outside Bishan Station (53231) Along Bishan Road	5.30am
BOON LAY MRT	Private Coach Bay (Outside Former Bus Interchange) Along Boon Lay Way	5.20am
BUANGKOK MRT	Bus Stop outside Buangkok Station (Blk 275D)(67601) Sengkang Central	5.25am
BUKIT BATOK MRT	Roundabout at Bukit Batok Central Link	5.25am
BUKIT PANJANG MRT	Bus Stop Outside Bt Panjang Plaza (44639) Jelebu Rd	5.25am
CHOA CHU KANG MRT	Bus Stop Outside Lot 1 Shoppers' Mall (44539) Along Choa Chu Kang Ave 4	5.20am

CLEMENTI MRT	Bus Stop Outside Clementi Station Blk 324 (17179) Along Commonwealth Ave West	5.30am
HOUGANG MRT	Pickup Point Opp Hougang Interchange Along Hougang Central	5.30am
JURONG EAST MRT	Pick Up/Drop Off Point Outside Jurong East MRT Station Jurong Gateway Road	5.30am
KHATIB MRT	Bus Stop Opp Khatib Station (59049) Along Yishun Ave 2	5.25am
LAKESIDE MRT	Bus Stop Opp Lakeside Station (28099) Along Boon Lay Way	5.25am
PASIR RIS MRT	Pick Up/Drop Off Point Outside Pasir Ris MRT Along Pasir Ris Central	5.20am
PIONEER MRT	Bus Stop Outside Blk 649A (22529) Along Jurong West St 63	5.15am
PUNGGOL MRT	Pick Up/Drop Off Point Outside Punggol Bus Interchange (Towards Punggol Way Direction) Along Punggol Central	5.20am
QUEENSTOWN MRT	Bus Stop Outside Queenstown Station (11149) (Towards Redhill Direction) Along Commonwealth Ave	5.40am

SEMBAWANG MRT	Bus Stop Opp Sembawang Station (58219) Along Sembawang Way	5.15am
SENGKANG MRT	Bus Stop Outside Sengkang Stn (Blk 260A) (67401) Along Sengkang East Way	5.25am
SERANGOON MRT	Bus Stop Outside Serangoon Station (62139)(Blk 413) Along Upp Serangoon Road	5.35am
SIMEI MRT	Bus Stop Opp Simei Station (96161) Simei St 3	5.25am
TAMPINES MRT	Bus Stop Opp Tampines Station/Interchange (76149) Along Tampines Ave 4	5.25am
TOA PAYOH MRT	Bus Stop Outside Toa Payoh Station (52189) Along Lor 2 Toa Payoh	5.35am
WOODLANDS MRT	Bus Stop Outside Woodlands Civic Centre (46321) Along Woodlands Ave 5	5.15am
YEW TEE MRT	Bus Stop Opp Yew Tee Station (45329) Along Choa Chu Kang Drive	5.15am
YISHUN MRT	Bus Stop Outside Northpoint Shop Centre (59072) Along Yishun Ave 2	5.20am

## 21.1KM HALF MARATHON

MRT Station	Pick-up Points	Pick Up Time
ADMIRALTY MRT	Bus Stop Opp Admiralty Station (46771) Woodlands Ave 7	3.50am
ANG MO KIO MRT	Pick Up/Drop Off Point Outside Ang Mo Kio MRT (Towards Bishan Direction) Along Ang Mo Kio Ave 8	3.55am
BEDOK MRT	Bus Stop Outside Bedok MRT (Exit A) (84039) (Towards Kembangan Direction) New Upp Changi Road	4.00am
BISHAN MRT	Bus Stop Outside Bishan Station (53231) Along Bishan Road	4.00am
BOON LAY MRT	Private Coach Bay (Outside Former Bus Interchange) Along Boon Lay Way	3.50am
BUANGKOK MRT	Bus Stop outside Buangkok Station (Blk 275D)(67601) Sengkang Central	3.55am
BUKIT BATOK MRT	Roundabout at Bukit Batok Central Link	3.55am
BUKIT PANJANG MRT	Bus Stop Outside Bt Panjang Plaza (44639) Jelebu Rd	3.55am
CHOA CHU KANG MRT	Bus Stop Outside Lot 1 Shoppers' Mall (44539) Along Choa Chu Kang Ave 4	3.50am

CLEMENTI MRT	Bus Stop Outside Clementi Station Blk 324 (17179) Along Commonwealth Ave West	4.00am
HOUGANG MRT	Pickup Point Opp Hougang Interchange Along Hougang Central	4.00am
JURONG EAST MRT	Pick Up/Drop Off Point Outside Jurong East MRT Station Jurong Gateway Road	4.00am
KHATIB MRT	Bus Stop Opp Khatib Station (59049) Along Yishun Ave 2	3.55am
LAKESIDE MRT	Bus Stop Opp Lakeside Station (28099) Along Boon Lay Way	3.55am
PASIR RIS MRT	Pick Up/Drop Off Point Outside Pasir Ris MRT Along Pasir Ris Central	3.50am
PIONEER MRT	Bus Stop Outside Blk 649A (22529) Along Jurong West St 63	3.45am
PUNGGOL MRT	Pick Up/Drop Off Point Outside Punggol Bus Interchange (Towards Punggol Way Direction) Along Punggol Central	3.50am
QUEENSTOWN MRT	Bus Stop Outside Queenstown Station (11149) (Towards Redhill Direction) Along Commonwealth Ave	4.10am

SEMBAWANG MRT	Bus Stop Opp Sembawang Station (58219) Along Sembawang Way	3.45am
SENGKANG MRT	Bus Stop Outside Sengkang Stn (Blk 260A) (67401) Along Sengkang East Way	3.55am
SERANGOON MRT	Bus Stop Outside Serangoon Station (62139)(Blk 413) Along Upp Serangoon Road	4.05am
SIMEI MRT	Bus Stop Opp Simei Station (96161) Simei St 3	3.55am
TAMPINES MRT	Bus Stop Opp Tampines Station/Interchange (76149) Along Tampines Ave 4	3.55am
TOA PAYOH MRT	Bus Stop Outside Toa Payoh Station (52189) Along Lor 2 Toa Payoh	4.05am
WOODLANDS MRT	Bus Stop Outside Woodlands Civic Centre (46321) Along Woodlands Ave 5	3.45am
YEW TEE MRT	Bus Stop Opp Yew Tee Station (45329) Along Choa Chu Kang Drive	3.45am
YISHUN MRT	Bus Stop Outside Northpoint Shop Centre (59072) Along Yishun Ave 2	3.50am